



12 Farm-to-Table Restaurants Celebrating Canadian Cuisine



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This Canada Day we should be celebrating the restaurants highlighting the fresh and local ingredients surrounding them. A hyper-local menu (very similar to local food and is in many ways the same thing) will taste differently on the west coast of Canada compared to the heart of the prairies, but our vast and diverse landscape is what makes this country so great.

Here are 12 must-try restaurants from coast to coast that do right by the farm-to-table approach and serve some pretty tasty food, too.



The Wolf in the Fog

The Wolf in the Fog (Tofino, BC)

When you're only a few hundred feet from the Pacific Ocean, it would be a real shame if you didn't opt for using the beautiful (and sustainable) bounty that's underneath the waves. The Wolf in the Fog, *enRoute's* best new restaurant in Canada for 2014, is big on utilizing local oysters, more meaty underwater delicacies like Humboldt squid, as well as foraged mushrooms from the many forests that surround the beautiful little coastal town that is Tofino.