



## NITA LAKE LODGE

Whistler, B.C., Canada

You don't have to be a skier to enjoy this boutique lodge on the shores of a glacier-fed lake near the base of Whistler Mountain. Come instead for the holistic wellness and relaxation offerings, which range from cuisine made with products from local farmers and the hotel's rooftop garden (with gluten-free and vegan options available at all restaurants) and fresh-pressed juices and smoothies, to a recently refreshed spa with rooftop hot tubs and mountain view relaxation lounge.

Along with treatment rooms inspired by the four elements and a eucalyptus-infused steam, the spa offers a wide range of services. Also on site is a Loka Yoga center (with classes in several yoga styles, meditation, Sanskrit chanting and Yogic philosophy), and a boutique fitness studio specializing in one-on-one training and customized programs. Enjoy all the facilities separately, or put them together for a targeted wellness getaway. [nitalakelodge.com](http://nitalakelodge.com)



COURTESY OF NITA LAKE LODGE